

# GFWC INDIANA FEDERATION OF CLUBS INDEPENDENT STUDY PROGRAM EPSILON SIGMA OMICRON SPECIAL READING LIST # 106 2016

### **Epsilon Sigma Omicron**

Epsilon Sigma Omicron (ESO) began as an adult education program of the GFWC Indiana Federation of Clubs to assist and encourage clubwomen, individually or as a club, to read and study systematically. The meaning of the Greek letters are: "Enlighten Your Own Pathway."

A Federation clubwoman qualifies for membership by following the authorized ESO reading courses, which list books as well as a point value assigned to each book. To obtain the current list, please write the State ESO Chairman.

The reader sends a report on each book (no longer an actual book report, but the name of the book and author, the number of the book, group and number of points assigned to the book if it is on the official reading list) to the State ESO Chairman. If the book is not on the list, the report should contain the name of the author and book title along with the number of pages-if known. If the book is read electronically, the number of pages can be determined by the State ESO Chairman.

The chairman keeps a record of the books read and points earned, and a certificate is awarded when the reader has earned 140 points. A reader may order back reading lists and read and report on any book from any list. When the reader has accumulated points sufficient to earn four certificates, she is eligible to purchase and wear the Epsilon Sigma Omicron pin.

Further awards include: Star (10 certificates); Torch (16 certificates); First Century (100 books); Second Century (200 books); and further Century awards.

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## **Group 1 World Affairs and History**

- 1. ALEXANDER HAMILTON by Ron Cernow Pulitzer Prizewinning author Ron Chernow presents a landmark biography of Alexander Hamilton, the Founding Father who galvanized, inspired, scandalized, and shaped the newborn nation. 40 points
- **2. GEORGE WASHINGTON'S SECRET SIX** by Brian Kilmeade The spy ring that saved the American Revolution. 20 points
- **3. MIDNIGHT IN BROAD DAYLIGHT** by Harry Fukuhara A trus story of a Japanese-American family who found itself on opposite sides during World War II. 20 points
- 4. THE DEVIL IN THE WHITE CITY: MURDER-MAGIC AND MADNESS AT THE FAIR THAT CHANGED AMERICA by Erik Larson. It's a story of two men, Daniel H. Burnham, the architect responsible for the fair's construction & H.H. Holmes, a serial killer masquerading as a charming doctor. Burnham's challenge was immense, as in a short period of time; he was forced to overcome the death of his partner & numerous other obstacles to construct the famous "White City" around which the 1893 Chicago World's Fair was built. His efforts to complete the project & the fair's incredible success are skillfully related along with entertaining appearances by such notables as Buffalo Bill Cody, Susan B. Anthony & Thomas Edison. (part history part not) 30 points \*\*
- 5. THE FORGOTTEN 400: THE UNTOLD STORY OF THE ME WHO RISKED ALL FOR THE GREATEST RESCUE MISSION OF WORLD WAR II\_by Gregory A. Freeman. Bombing of the Ploiesti, Romania, oil refineries, a key German resource, started in 1942. Allied pilots sustaining damage frequently bailed out over Serbia in German-occupied Yugoslavia, where the resistance & others hid them. By 1944, more than 500 were stranded & slowly starving. 20 points \*\*

- 6. THE RETURN OF GEORGE WASHINGTON 1783-1789 by Edward J Larson. Pulitzer prize winning historian reveals the important but often overlooked chapter in George Washington's life-when he came out of retirement in 1783 and saved the United States by becoming the first president. 20 points
- **7. THE WRIGHT BROTHERS** by David McCullough. Two-time winner of the Pulitzer Prize David McCullough tells the dramatic story-behind-the-story about the courageous brothers who taught the world how to fly: Wilbur and Orville Wright. 20 points

## **Group II About People**

- **8. ALWAYS LOOKING UP** by Michael J Fox Michael writes about the hard-won perspective that helped him see challenges as opportunities. Instead of building walls around him, he developed a personal policy of engagement & discovery; an emotional, psychological, intellectual & spiritual outlook that has served him throughout his struggle with Parkinson's disease. 20 points \*\*
- 9. A LUCKY LIFE INTERRUPTED by Tom Brokaw. 20 points
- **10.A MEMOIR OF REINVENTION** by Diane Ladd 20 points
- 11. AMERICAN WIFE by Taya Kyle Widow of Chris Kyle
- **12. A MOTHER'S RECKONING** by Sue Klebold, mother of one of the Columbine killers. All proceeds to charity. 20 points
- 13 . EVEN THIS I GET TO EXPERIENCE by Norman Lear 20 points
- **14. GEORGIA** by Dawn Tripp The great artist Georgia O'Keeffe 20 points
- 15. IT'S A LONG STORY: MY LIFE Willie Nelson 20 points
- **16. KATE REMEMBERED: KATHRYN HEPBURN** by A. Scott Berg. Katharine Hepburn played a leading role in the popular culture of the twentieth century, for seven decades, reigning as an admired actress, a beloved movie star & a treasured icon of the modern American woman. She also remained one of the most private of all the

public figures of her time. At the age of seventy-five & her career cresting, the four-time Academy Award winner opened the door to biographer, A. Scott Berg (he was thirty-three) & began a special friendship, one that endured to the end of her illustrious life. 60 points. \*\*

- 17. LIFE IS NOT AN ACCIDENT by Jay Williams 20 points
- **18. MEASURE OF A MAN**: From Auschwitz Survivor to Presidents' Tailor by Martin Greenfield. The title says it all! 20 points
- **19. NOTORIOUS RBG: THE LIFE AND TIMES OF Ruth Bader Ginsburg** by Irin Carmon and Shana Knizhnik The authors make this unassuming, most studious woman come pulsing to life. . . . Notorious RBG may be a playful project, but it asks to be read seriously. . . . That I responded so personally to it is a testimony to [its] storytelling and panache."— Jennifer Senior, *New York Times* 20 points
- **20. PART SWAN, PART GOOSE: AN UNCOMMON MEMOIR OF WOMANHOOD, WORK, AND FAMILY** by Swoosie Kurtz. In a wise, warmhearted memoir that celebrates her extraordinary life & stellar career, Swoosie Kurtz welcomes readers into her world, sharing personal misadventures & showbiz lore & candidly reflecting on the intimate journey of caring for an aging parent. 20 points
- 21. REAGAN THE LIFE by H.W.Brands 20 points
- **22.THE FIRST ELIZABETH** by Carolly Erickson Very good historical novel 30 points \*\*\*
- **23.WORTHY FIGHTS** by Leon Panetta, former defense secretary and director of the CIA. 20 points.
- **24. YES, MY ACCENT IS REAL** by Kunal Nayyar (Raj from Big Bang Theory) 20 points \*\*\*\*

## **Group III Religion & Philosophy**

- **25. FERVENT** by Priscilla Shirer. A guide to practical, purposeful praying, addressed particularly to women, by the Bible instructor and actress. 20 points
- **26. GRATITUDE** by Oliver Sacks. Four essays, written between 2013 and 2015, about living a good life and facing mortality, by the neurologist and author, who died in August 2015. Released 11, 2015. 20 points
- **27. IMAGINE HEAVEN**, by John Burke. How the near-death experiences of thousands of people point to the picture of heaven promised in the Bible. 20 points
- **28.THE FOUR AGREEMENTS** by Don Miguel Ruiz. A guide to conduct, spiritual freedom and a life with fewer limitations, by a Mexican healer. Originally published in 2000. 20 points
- **29.THE NAME OF GOD IS MERCY** by Pope Francis Released January 12, 2016. 20 points
- **30.THE POWER OF I AM** by Joel Osteen. The pastor and author says you can determine your success or failure and your destiny with the words you use to speak about yourself. 20 points
- **31.THE SOUND OF GRAVEL** by Ruth Wariner. A memoir of the author's upbringing in a polygamist cult. She was the 39th of her father's 42 children. 20 points
- **32.THE WITCHES** by Stacy Schiff. An account of the Salem witch trials of 1692. 30 points
- **33.TROUBLEMAKER** by Leah Remini and Rebecca Paley. The actress describes her life in Scientology and the aftermath of her break with the church in 2013. 20 points

## **Group IV Special Interests**

- **34.BETWEEN YOU AND ME** By May Norris A former proof reader for the New York Times. A must read for us who not so silently correct other's grammar. 20 points \*\*\*\*
- **35. CONCUSSION**, by Jeanne Marie Laskas. The story of Bennet Omalu, the forensic pathologist who found proof that blows to the head caused the extreme mental deterioration of a former professional football star unwelcome news to the N.F.L. 20 points
- **36.DINNER AT CHUGGIES** by Caroline Adams. Family History & Recipes from Caroline "Chuggie" Adams of the Strongbow Inn, Since 1940, Valparaiso, Indiana. 20 points \*\*
- **37.EVERYDAY I FIGHT** by Stuart Scott. Stuart was a sports reporter on ESPN who lost his fight with cancer. 20 points
- **38.THE INNOVATORS** by Walter Isaacson. Revealing story of the people who created the computer and the Internet-a gripping account of how innovation really happens. 20 points
- **39.THE LIFE CHANGING MAGIC OF TIDYING UP** by Marie Kondo 20 points
- 40. SPORTS ILLUSTRATED NFL QB THEGREATESPOSITION IN SPORTS by the Editors of Sports Illustrated 20 points
- 41.WAKE UP HAPPY By Michael Strahan 20 points

# **Group V Fiction**

- **42. A SUDDEN LIGHT** by Garth Stein. A boy trying to save his parents' marriage uncovers a vast legacy of family secrets. 20 points.
- 43. BLUE by Danielle Steel
- **44. BODIES OF WATER** by T Greenwood Two women caught between their hearts and their families. 20 points

- **45.BONES NEVER LIE** By Kathy Reichs. Temperance Brennan must face the man she vowed to forget. 20 points
- **46.CATCH ME** By Lisa Gardner 20 points
- 47.DEADLINE by John Sandford 20 points
- **48.DESERT GOD** by Wilbur Smith. Historical novel set in ancient Egypt. 20 points.
- **49.FEAR NOTHING** By Lisa Gardner 20 points
- **50.FIND HER** Another thriller by Lisa Gardner 20 points
- **51.FRICTION** by Sandra Brown 20 points
- **52.GO SET A WATCHMAN** by Harper Lee 20 Points
- **53.GRAY MOUNTAIN** by John Gresham 30 points
- **54.INTO THE FIRE** by Tom Clancy
- 55. LAND OF MANGO SUNSETS by Dorthea Benton Frank Her despicable husband left her for a lingerie model who's barely more than a teenager & her kids are busy with their own lives. But before Miriam Elizabeth Swanson can work herself up into a true snit about it all, her newest tenant, Liz, arrives from Birmingham with plenty of troubles of her own. Then Miriam meets a man named Harrison, who makes her laugh, makes her cry & makes her feel like a brand-new woman. 20 points \*\*
- **56.LEAVING TIME** by Jodi Picoult. The story of a mother, a daughter and their unbreakable bond. 20 points
- 57.LITTLE PARIS BOOKSHOP by Nina George. Monsieur Perdu can prescribe the perfect book for a broken heart. But can he fix his own? He calls himself a literary apothecary. From his floating bookstore in a barge on the Seine, he prescribes novels for the hardships of life. Using his intuitive feel for the exact book a reader needs, Perdu mends broken hearts & souls. The only person he can't seem to heal through literature is himself; he's still haunted by heartbreak after his great love disappeared. She left him with only a letter, which he has never opened. 20 points \*\*

- **58.MR. MIRACLE** by Debbe Macomber A holiday miracle. 20 points
- ies, Book 3) by Denise Swanson. Skye Denison, school psychologist at Scumble River High School, stumbles across the girl who is playing the lead role in the school play, Sleeping Beauty. The problem is that Sleeping Beauty won't wake up. Not even Prince Charming can save this princess. The question is; who gave Sleeping Beauty poison this time? When she begins to investigate the death of the popular teenager she uncovers some shocking revelations about prominent Scumble River citizens. And even optimistic Skye knows that in this case, finding the killer won't end this tale happily ever after.

  20 points
- 60.MURDER ON EDISTO: THE EDISTO ISLAND
  MYSTERIES (VOLUMN 1) by C Hope Clark 20 points \*\*\*\*
- **61.MY NAME IS LUCY BARTON** by Elizabeth Strout 20 points
- **62.PERSONAL** by Lee Child. A Jack Reacher novel. 20 point
- **63.PRETTY BABY** by Mary Kubica 20 ponts
- **64.PRINCE LESTAT** by Anne Rice 20 points
- **65.SHADES OF EARL GRAY A TEA SHOP MYSTERY** by Laura Childs 20 points
- **66.SOUTHERN AS A SECOND LANGUAGE** By Lisa Patton 20 points.\*\*\*\*

# THE CETURY TRILOGY by Ken Follett

- **67.FALL OF GIANTS** World War I 40 points
- **68.WINTER OF THE WORLD** The Cold War 40 points
- **69.EDGE OF ETERNITY** The 20<sup>th</sup> Century 40 points

- **70.THE GIRL IN THE SPIDER'S WEB** by David Lagercrantz
- **71.THE GOOD GIRL** by Mary Kubica Her debut thriller. 20 points
- **72.THE HUSBAND'S SECRET** by Liane Moriarty
- **73.THE LIGHT BETWEEN OCEANS** by M.L. Stedman. After four harrowing years on the Western Front, Tom Sherbourne returns to Australia & takes a job as the lighthouse keeper on Janus Rock, nearly half a day's journey from the coast. To this isolated island, where the supply boat comes once a season, Tom brings a young, bold & loving wife, Isabel. 20 points \*\*
- **74.THE MAGIC STRINGS OF FRANKIE PRESTO** by Mitch Albom. My favorite sports reporter and writer!! 30 points \*\*\*\*
- **75.THE SECRET WISDOM OF THE EARTH** by Christopher Scotton A epic struggle to survive in the mountains of Kentucky by two young boys, 20 points
  - \* Recommended by Edna Wilson, GFWC Fayette County ESO
  - \*\* Recommended by GFWC ESO Joyce Wargo Reading Club
  - \*\*\* Recommended by Sally Kinghorn, GFWC Eggleston Club
  - \*\*\*\* Recommended by Tric Heepe, ESO Administrator